



Food Pyramid Worksheet

Write the food group for each of the following foods.

1. Apples
2. Spinach
3. Brown rice
4. Chicken
5. Yogurt
6. Carrots
7. Oats
8. Salmon
9. Grapes
10. Whole wheat bread
11. Broccoli
12. Black beans
13. Cheese
14. Quinoa
15. Bell peppers
16. Almonds
17. Strawberries
18. Milk
19. Corn
20. Tofu